

CURRICULUM VITAE

Arnold van Emmerik, PhD

May 2023



Personal Details

Title and Name	Dr. A.A.P. (Arnold) van Emmerik
Date of Birth	27 November 1972
Nationality	Dutch
Marital Status	Married, two children (♂ 2010/ ♀ 2013)
Contact Details	Phone: +31 20 5256810 Mobile: +31 6 42175691 E-mail: a.a.p.vanemmerik@uva.nl LinkedIn: https://www.linkedin.com/in/arnold-van-emmerik-44005180/ (1000+ followers/500+ connections) Twitter: @AAPvanEmmerik (300+ followers)
Current Position	Assistant Professor Clinical Psychology Group Department of Psychology Faculty of Social and Behavioural Sciences University of Amsterdam

Personal Statement

I am an intellectually driven scholar with a focus on psychotrauma-related research, but an interest that is much broader including fields as wide as cognitive behavioural therapy, mindfulness, and the life and work of B.F. Skinner.

As a colleague, I am sociable and modest, get along well with a wide range of people, and enjoy independent work as much as collaborative endeavors. I am reliable and loyal, and intrinsically motivated to discover both what is new and old.

In the little spare time that my professional activities and busy family life leave me, I am an avid reader ('Een dag niet gelezen is een dag niet geleefd') and rural and urban hiker. I try to be a buddhist, though mainly by being mild to myself when I am not.

Education

2023 – present	Senior Teaching Qualification (SKO)
2017	University Teaching Qualification (BKO)
2016	Media-training Beijer & Osten
1999 - 2007	Cognitive behavioral therapist in training Dutch Association for Behavioural and Cognitive Therapies
1998 - 2005	PhD student Department of Clinical Psychology, University of Amsterdam Title: Prevention and Treatment of Chronic PTSD Supervisor: Prof. dr. P.M.G. (Paul) Emmelkamp Co-supervisor: Prof. dr. J.-H. (Jan-Henk) Kamphuis
1992 - 1997	Major in Clinical Psychology (With Merit) University of Amsterdam
1991 - 1994	Major in Piano (not completed) Conservatory of Amsterdam

Professional Positions

2019 - present	RINO Amsterdam As Senior Lecturer (<i>Hoofddocent</i>) in the post-doctoral Clinical Psychologist and Psychotherapist programs, I am responsible for the 4-year research training track which admits approximately 40-50 Clinical Psychologists and Psychotherapists in training each year. In this capacity, I have redesigned the research curriculum and am currently contributing to the introduction of learning trajectories and blended learning activities.
2008 - present	Department of Clinical Psychology, University of Amsterdam As Assistant Professor, I am teaching and coordinating various Bachelor and Master level courses. This ranges from the large-scale (700+ students) first year Clinical Psychology course to the supervision of individual (research) master thesis trajectories, of which several have subsequently resulted in journal publications. In the past, I have served as master thesis coordinator coordinator and have co-founded and coordinated the PsyPoli Ambulatory

Research Clinic for several years. I have been serving on the Ethics Review Board of our Faculty for 15 years now.

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|-------------|--|
| 2004 - 2008 | PsyQ The Hague, Anxiety Disorders Program
Cognitive behavioural therapist |
| 2004 - 2008 | Department of Clinical, Health and Neuropsychology; Leiden University
Assistant Professor: teacher in/coordinator of various Bachelor/Master level courses |
| 2002 - 2004 | Department of Clinical Psychology, University of Amsterdam
Teacher in various Master level courses |
| 2000 - 2003 | Argonaut
Cognitive behavioral therapist: assessment and treatment of work-related psychological complaints |
| 1997 - 1998 | Royal Dutch Organisation of Midwives
Policy researcher |

Supervision

I have been co-supervising the following PhD students since 2015:

- ‘Daily self-regulation in forensic settings: measurement, predictive ability and clinical use’
 - PhD student: vacancy
 - Supervisor: Dr. Bruno Verschuere
 - Status: in preparation
- ‘Mechanisms and treatments of social and emotional loneliness’
 - PhD student: Carmen van den Bulck
 - Supervisor: Prof. dr. Jan-Henk Kamphuis
 - Status: ongoing
- ‘The efficacy of Skills Training in Affective and Interpersonal Regulation combined with Eye Movement Desensitization and Reprocessing or with Narrative Therapy in adult survivors of childhood physical and/or sexual abuse’
 - PhD student: Ingrid Wigard
 - Supervisor: Prof. dr. Arnoud Arntz
 - Status: ongoing
- ‘The longitudinal psychosocial development of Dutch and Flemish juvenile returnees from Syria and Iraq’

- PhD student: Mattie van der Molen
- Supervisor: Dr. Bertjan Doosje
- Status: ongoing

- ‘Mechanisms of change in childhood-related PTSD during Imagery Rescripting treatment and Eye Movement Desensitization and Reprocessing’
 - PhD student: Sophie Rameckers
 - Supervisor: Prof. dr. Arnoud Arntz
 - Status: completion expected in 2023

- ‘Fighting against fear: novel approaches to understanding, modifying, and manipulating maladaptive memories’
 - PhD student: Jamey Elsey
 - Supervisor: Prof. dr. Merel Kindt
 - Status: completed (2020)

Administrative Positions

2021 - present	European Association for Behavioural and Cognitive Therapies Board member (Scientific Coordinator)
2010 - present	Faculty of Social and Behavioural Sciences, University of Amsterdam Member Ethics Committee
2012 - 2021	Dutch-Flemish Journal of Behaviour Therapy Foundation President
2013 - 2021	Akwa GGZ Member Quality Council, which has the prioritizing and commissioning of quality standards as its main task.
2013 - 2021	European Association for Behavioural and Cognitive Therapies Member Scientific Advisory Board
2015 - 2021	Dutch Association for Behavioural and Cognitive Therapies President. Personal achievements include the initiative to build a structural alliance with the EMDR and Schema Therapy associations (‘Koepel voor Effectieve Psychologische Behandelingen’).
2015 - 2021	P3NL (Founding) board member. Personal achievements include the development of a knowledge agenda (‘Kennisagenda’) and the introduction of the annual P3NL prize for outstanding contributions to the mental health field.
2014 - 2018	Steering committee Psychotherapy Quality Standard Member
2006 - 2017	Children and War Foundation

	Member Advisory Committee
2008 - 2017	Clinical Psychology Group, University of Amsterdam Board member
2012 - 2015	Dutch Association for Behavioural and Cognitive Therapies Board member (portfolio Science)
2011 - 2014	44th Annual Congress of the European Association for Behavioural and Cognitive Therapies Member Scientific Committee
2006 - 2012	Dutch Association for Behavioural and Cognitive Therapies Chair Scientific Committee. With this committee, I was responsible for the organization of 6 annual conferences with 1000+ delegates each.
2011 - 2012	Dutch Association for Behavioural and Cognitive Therapies Member General Council
2003 - 2011	Dutch Association for Behavioural and Cognitive Therapies Member Educational Committee
2004 - 2006	Dutch Association for Behavioural and Cognitive Therapies Member Scientific Committee
2001 - 2003	Dutch-Flemish Inter-University Postgraduate School Experimental Psychopathology Member Educational Committee
1996 - 2001	Telephone Emergency Service Amsterdam Foundation Volunteer and Board member

General Academic Activities

I am nationally and internationally recognized as an expert in my field, as illustrated by the following (largely invited) academic activities:

2002 - present **Various reviewing and editorial activities**

- National and international journals (e.g., Psychotherapy & Psychosomatics, Clinical Psychology & Psychotherapy, British Journal of Psychiatry, Traumatology, Journal of Affective Disorders, Behavior Therapy, European Journal of Psychotraumatology, Health Psychology, Journal of Evidence-Based Psychotherapies)
- Scientific conferences (e.g., International Society for Traumatic Stress Studies, European Association for Behavioural and Cognitive Therapies)
- Funding agencies (e.g., WorkSafeBC, Netherlands Organisation for Health Research and Development, Association for Schema Therapy)

2011 - present **Guest Editor of various journal special issues**

- B.F. Skinner (Dutch-Flemish Journal of Behaviour Therapy)
- Re-Thinking CBT: Providing Strategies for a New Way of Living (Journal of Evidence-Based Psychotherapies)
- Dissemination and Implementation of Cognitive Behavioral Therapy (Dutch-Flemish Journal of Behaviour Therapy)

2011 - present **Examiner in various PhD committees**

2021 - present **Dutch-Flemish Journal of Behaviour Therapy**
Editorial board

2007 - 2018 **Member steering committees of various quality standards**

- Early psychosocial interventions after disasters, terrorism, and other shocking events
- Psychotherapy
- Trauma and Stressor-Related Disorders

2015 - 2018 **Directieve Therapie**
Editorial board

2006 - 2008 **Scientific Research and Documentation Centre of the Dutch Ministry of Justice (WODC)**
Member and chair of various advisory committees

Prizes and Honours

2021 **Dutch Association for Behavioural and Cognitive Therapies**
Member of Merit

2003 **Dutch-Flemish Inter-University Postgraduate School Experimental Psychopathology**
Winner Annual Article Contest for: Van Emmerik, A.A.P., Kamphuis, J.H., Hulsbosch, A.M., & Emmelkamp, P.M.G. (2002). Single session debriefing after psychological trauma: a meta-analysis. *The Lancet*, 360, 766-771. [https://doi.org/10.1016/s0140-6736\(02\)09897-5](https://doi.org/10.1016/s0140-6736(02)09897-5)

Professional Memberships

- Dutch-Flemish Inter-University Postgraduate School Experimental Psychopathology (Senior member)
- Dutch Association for Behavioural and Cognitive Therapies

- European Association for Behavioural and Cognitive Therapies
- Dutch Association of Psychologists (until 2020)

Publication Statistics

- **ISI Web of Science (per May 7, 2023)**
 - Times Cited 1.151
 - Times Cited without Self-Citations 1.124
 - Average Citations per Item 33,85
 - h-index 15
- **ResearchGate (per May 7, 2023)**
 - Research Interest Score 1.168
 - Times Cited 1.835
 - h-index 16
- **Google Scholar (per May 11, 2023)**
 - Times Cited 2.731
 - h-index 19
 - i10-index 25

Publications List

International (Peer-Reviewed) Articles

*2021 Journal Impact Factor >5

**2021 Journal Impact Factor >10

***2021 Journal Impact Factor >20

2023

- Aschieri, F., **van Emmerik, A. A. P.**, Wibbelink, C. J. M., & Kamphuis, J.-H. (2023). A Systematic Research Review of Collaborative Assessment Methods. *Psychotherapy* (Publication Ahead of Print).
- Van Kuik, S., **van Emmerik, A. A. P.**, Brinkman, W.-P., Uduwa-Vidanalage, E., Schouten, C., & Arntz, A. (2023). Efficacy and acceptability of virtual reality imagery rescripting for PTSD due to childhood sexual abuse: A multiple baseline study. *Journal of Evidence-Based Psychotherapies*, 23, 67-95.

2022

- ten Holt, J., **van Emmerik, A. A. P.**, Blanken, P., Borgdorff, J. E., ten Holt, P. P. C., Kok, R. M., Mouthaan, J., Pieterse, B., & van den Berg, J. F. (2022). Direct and indirect exposure to trauma, posttraumatic stress disorder symptoms, and poor

subjective sleep quality in patients with substance use disorder. *Psychiatry and Clinical Psychopharmacology*, 32(3), 188-195.

- Hartong, V., & **van Emmerik, A. A. P.** (2022). Psychedelic Microdosing, Mindfulness, and Anxiety: A Cross-Sectional Mediation Study. *Journal of Psychoactive Drugs*, DOI: 10.1080/02791072.2022.2080616
- **Arntz, A., Mensink, K., Cox, W., Verhoef, R., **Van Emmerik, A.**, Rameckers, S., ... Grasman, R. (2022). Dropout from psychological treatment for borderline personality disorder: A multilevel survival meta-analysis. *Psychological Medicine*, 1-19. doi:10.1017/S0033291722003634

2021

- Rameckers, S. A., **van Emmerik, A. A. P.**, Bachrach, N. L., Lee, C. W., Morina, N, & Arntz, A. (2021). The impact of childhood maltreatment on the severity of childhood-related posttraumatic stress disorder in adults. *Child Abuse and Neglect*, 120, 105208. <https://doi.org/10.1016/j.chiabu.2021.105208>
- *Rameckers, S. A., Verhoef, R. E. J., Grasman, R. P. P., Cox, W. R., **van Emmerik, A. A. P.**, Engelmoer, I. M., & Arntz, A. (2021). Effectiveness of Psychological Treatments for Borderline Personality Disorder and Predictors of Treatment Outcomes: A Multivariate Multilevel Meta-Analysis of Data from All Design Types. *Journal of Clinical Medicine*, 10, 5622. <https://doi.org/10.3390/jcm10235622>

2020

- Khubsing, R. S. I., Daemen, I. K. S., Hendriks, L., **van Emmerik, A. A. P.**, Shapiro, E., & Dekker, J. J. M. (2020). An EMDR group therapy for traumatized former child slaves in India: a pilot randomized controlled trial. *International Journal of Indian Psychology*, 8(3), 722-731. <https://doi.org/10.25215/0803.082>
- **Yücel, D. E., **van Emmerik, A. A. P.**, Souama, C., & Lancee, J. (2020). Comparative efficacy of imagery rehearsal therapy and prazosin in the treatment of trauma-related nightmares in adults: A meta-analysis of randomized controlled trials. *Sleep Medicine Reviews*, 50, [101248]. <https://doi.org/10.1016/j.smr.2019.101248>
- **Lancee, J., Yücel, D. E., Souama, C., & **van Emmerik, A. A. P.** (2020). Reply to Zhang et al.: Downgrading recommendation level of prazosin for treating trauma-related nightmares: Should decision be based on a single study? *Sleep Medicine Reviews*, 51, [101286].

2019

- Vinke, Y. D., Truijens, F., van Polanen-Petel, E., **van Emmerik, A. A. P.** (2019). The efficacy of a single imaginal exposure writing assignment in reducing posttraumatic stress and depressive symptoms: A pilot study. *Journal of Clinical Psychology*, 75, 1519–1526. <https://doi.org/10.1002/jclp.22802>

2018

- Dijk, C., **van Emmerik, A.**, & Grasman, R. (2018). Social anxiety is related to dominance but not to affiliation as perceived by self and others: A real-life investigation into the psychobiological perspective on social anxiety. *Personality and Individual Differences*, 124, 66-70.

- **Van Emmerik, A.A.P.**, Berings, F., & Lancee, J. (2018). Efficacy of a Mindfulness-Based Mobile Application: A Randomized Waiting-List Controlled Trial. *Mindfulness, 9*, 187-198.
- *****Van Emmerik, A.A.P.**, de Jong, K., & Hofmann, S.G. (2018). The Evidence for Cognitive Behavioral Therapy. *JAMA;319(8):832*. doi:10.1001/jama.2017.20838

2017

- **Van Emmerik, A.A.P.**, & Hamaker, E.L. (2017). Paint it Black: Using Change-Point Analysis to Investigate Increasing Vulnerability to Depression towards the End of Vincent van Gogh's Life. *Healthcare, 5(3)*, 53; doi:10.3390/healthcare5030053

2016

- *Blankers, M., **van Emmerik, A.**, Richters, B., & Dekker, J. (2016). Blended internet care for patients with severe mental illnesses: An open label prospective controlled cohort pilot study. *Internet Interventions, 5*, 51–55.
- *Bojahr, L.S., & **Van Emmerik, A.A.P.** (2016). Traumatic events and trauma-related psychopathology in former drug cartel soldiers in Rio de Janeiro: A pilot study. *Psychological Trauma: Theory, Research, Practice, and Policy, 8(1)*, 34-40.
- *Kindt, M., & **van Emmerik, A.** (2016). New avenues for treating emotional memory disorders: towards a reconsolidation intervention for posttraumatic stress disorder. *Therapeutic Advances in Psychopharmacology, 6(4)*, 283-295.

2014

- Morina, N., **Van Emmerik, A.A.P.**, Andrews, B., & Brewin, C.R. (2014). Comparison of DSM-IV and proposed ICD-11 formulations of PTSD among civilian survivors of war and war veterans. *Journal of Traumatic Stress, 27*, 647-654.
- *Normann, N., **Van Emmerik, A.A.P.**, & Morina, N. (2014). The efficacy of metacognitive therapy for anxiety and depression: A meta-analytic review. *Depression and Anxiety, 31*, 402-411.
- Truijens, F.L., & **Van Emmerik, A.A.P.** (2014). Visual Feedback in Written Imaginal Exposure for Posttraumatic Stress: A Preliminary Study. *Journal of Loss and Trauma, 19*, 403-415.

2013

- *****Van Emmerik, A.A.P.**, Reijntjes, A., & Kamphuis, J.H. (2013). Writing therapy for posttraumatic stress: A meta-analysis. *Psychotherapy and Psychosomatics, 82*, 82-88.

2012

- Huijts, I., Kleijn, W.C., **Van Emmerik, A.A.P.**, Noordhof, A., & Smith, A.J.M. (2012). Dealing With Man-Made Trauma: The relationship between coping style, posttraumatic stress, and quality of life in resettled, traumatized refugees in the Netherlands. *Journal of Traumatic Stress, 25*, 71-78.

2011

- **Van Emmerik, A.A.P.**, & Kamphuis, J.H. (2011). Testing a DSM-5 reformulation of posttraumatic stress disorder: Impact on prevalence and comorbidity among

treatment-seeking civilian trauma survivors. *Journal of Traumatic Stress*, 24, 213-217.

- *****Van Emmerik, A.A.P.**, Kamphuis, J.H., Noordhof, A., & Emmelkamp, P.M.G. (2011). Catch me if you can: Do the five-factor model personality traits moderate dropout and acute treatment response in post-traumatic stress disorder patients? *Psychotherapy & Psychosomatics*, 80, 386-388.

2010

- Kraaij, V., **Van Emmerik, A.**, Garnefski, N., Schroevers, M.J., Lo-Fo-Wong, D., Van Empelen, P., Dusseldorp, E., Witlox, R., & Maes, S. (2010). Effects of a cognitive behavioral self-help program and a computerized structured writing intervention on depressed mood for HIV-infected people: A pilot randomized controlled trial. *Patient Education and Counseling*, 80, 200-204.
- *Molendijk, M.L., Bamelis, L., **Van Emmerik, A.A.P.**, Arntz, A., Haringsma, R., & Spinhoven, P. (2010). Word use of outpatients with a personality disorder and concurrent or previous major depressive disorder. *Behaviour Research and Therapy*, 48, 44-51.
- Van der Oord, S., Lucassen, S., **Van Emmerik, A.A.P.**, & Emmelkamp, P.M.G. (2010). Treatment of post-traumatic stress disorder in children using cognitive behavioural writing therapy. *Clinical Psychology and Psychotherapy*, 17, 240-249.
- Van der Kloot, W.A., Hamdy, N.A.T., Hafkemeijer, L.C.S., Den Dulk, F.M.C., Chotkan, S.A., **Van Emmerik, A.A.P.**, & Kaptein, A.A. (2010). The psychological burden of an initially unexplained illness: Patients with sternocostoclavicular hyperostosis before and after delayed diagnosis. *Health and Quality of Life Outcomes*, 8, 97.

2008

- *****Van Emmerik, A.A.P.**, Kamphuis, J.H., & Emmelkamp, P.M.G. (2008). Treating acute stress disorder and posttraumatic stress disorder with cognitive behavioural therapy or structured writing therapy: A randomised controlled trial. *Psychotherapy & Psychosomatics*, 77, 93-100.
- **Van Emmerik, A.A.P.**, Kamphuis, J.H., & Emmelkamp, P.M.G. (2008). Prevalence and prediction of re-experiencing and avoidance after elective surgical abortion: A prospective study. *Clinical Psychology & Psychotherapy*, 15, 378-385.
- ***Boer, K.R., van Ruler, O., **van Emmerik, A.A.P.**, Sprangers, M.A., de Rooij, S.E., Vroom, M.B., de Borgie, C.A.J.M., Boermeester, M.A., & Reitsma, J.B. (2008). Factors associated with posttraumatic stress symptoms in a prospective cohort of patients after abdominal sepsis: A nomogram. *Intensive Care Medicine*, 34, 664-674.
- Verschuur, M.J., Spinhoven, Ph., **Van Emmerik, A.A.P.**, & Rosendaal, F.R. (2008). Participation in a trauma-focused epidemiological investigation may result in sensitization for current health problems. *Social Psychiatry & Psychiatric Epidemiology*, 43, 132-139.

2007

- *Verschuur, M.J., Spinhoven, P., **Van Emmerik, A.A.P.**, & Rosendaal, F.R. (2007). Making a bad thing worse: Effects of communication of results of an

epidemiological study after an aviation disaster. *Social Science and Medicine*, 65, 1430-1441.

2006

- ***Van Emmerik, A.A.P.**, Schoorl, M., Emmelkamp, P.M.G., & Kamphuis, J.H. (2006). Psychometric evaluation of the Dutch version of the posttraumatic cognitions inventory (PTCI). *Behaviour Research and Therapy*, 44, 1053-1065.

2002

- *****Van Emmerik, A.A.P.**, Kamphuis, J.H., Hulsbosch, A.M., & Emmelkamp, P.M.G. (2002). Single session debriefing after psychological trauma: a meta-analysis. *The Lancet*, 360, 766-771.

International Books and Chapters

2022

- **Van Emmerik A.**, & Prins, P. (2022). Cognitive Behavioral Therapy in the Netherlands. In: M.D. Terjesen & K.A. Doyle (Eds.), *Cognitive behavioral therapy in a global context*. Cham: Springer Nature Switzerland AG.
- Feddes, A.R., **van Emmerik, A.A.P.**, Arjangi-Babetti, H.J., Bosdijk, S., Klawitter, L., Macdougall, A.I., (...) Doosje, B. (2022). (Not) In My Backyard! Threat Perceptions, Psychological Well-Being, and Collective Action Against Refugee Settlement. In: F.M. Moghaddam & M.J. Hendricks (Eds.), *Contemporary Immigration: Psychological Perspectives to Address Challenges and Inform Solutions*. Washington, DC: American Psychological Association.

2020

- **Van Emmerik A.**, Keijzer, R., & Schoenmakers, T. (2020). Integrating mindfulness into a routine schedule: the role of mobile-health mindfulness applications. In: J. Uribarri, & J.A. Vassalotti (Eds.), *Nutrition, Fitness and Mindfulness: An Evidenced-Based Guide for Clinicians*. Cham: Springer Nature Switzerland AG.

2015

- **Van Emmerik, A.**, & Kamphuis, J.H. (2015). Writing therapy for post-traumatic stress and post-traumatic stress disorder: Review of applications and outcomes. In: C. Martin, V.R., Preedy, & V.B. Patel (Eds.), *Comprehensive Guide to Post-Traumatic Stress Disorder*. Cham: Springer International Publishing AG.

National (Peer-Reviewed) Articles

2019

- **Van Emmerik, A.** (2019). Perfection kills progress. *Gedragstherapie*, 52(4), 353-356.

2018

- Nugter, M.A., Oosterdijk, G.P., & **Van Emmerik, A.A.P.** (2018). ROM in de ggz: behandeluitkomsten met specifieke en generieke instrumenten bij patiënten met angststoornissen: een cohortonderzoek. *Tijdschrift voor Psychiatrie*, 60(11), 741-749.
- **Van Emmerik, A.A.P.** (2018). Evidence-based practice en de VG(C)t. *Gedragstherapie*, 51(2), 171-174.
- **Van Emmerik, A.**, Nederveen, F., Noordhof, A., & Kamphuis, J.-H. (2018). Zelfactualisatie anno 2019: psychometrische kenmerken van de Nederlandse Short Index of Self-Actualization (SISA-NL). *Tijdschrift voor Gedragstherapie*, 51(4), 267-281.

2017

- Van Sambeek, N., de Jong, K., Boekhorst, L., Verbraak, M., & **van Emmerik, A.** (2017). Feiten over ROM - Datastroom, privacy en benchmarken. *Directieve Therapie*, 37, 201-221.

2016

- Greeven, A., & **van Emmerik, A.** (2016). Mindfulness-Based Cognitive Therapy bij patiënten met therapieresistente angststoornissen of hypochondrie. *Directieve Therapie*, 36(2), 81-95.
- **Van Emmerik, A.**, & Kamphuis, J.-H. (2016). Een overzicht van therapeutische procedures, theoretische achtergrond en effectonderzoek. *Directieve Therapie*, 36(4), 264-277.
- **Van Emmerik, A.**, & Rijnders, P. (2017). Gedragstherapeutische behandeling van een sterk gedragsgestoorde en agressieve patient. *Directieve Therapie*, 37, 159-188.

2015

- Oprel, D., **Van Emmerik, A.**, & De Jong, J. (2015). Healing lives and communities: addressing the effects of childhood trauma across the life span. 30e jaarcongres van de International Society for Traumatic Stress Studies, Miami, 5-8 november 2014. *Tijdschrift voor Psychotherapie*, 41, 141-145.

2013

- **Van Emmerik, A.A.P.** (2013). Twee behandelvormen van posttraumatische stress bij kinderen en jongeren. *Gedragstherapie*, 46, 201-206.

2011

- **Van Emmerik, A.** (2011). Porter & Teisberg. Redefining health care. Creating value-based competition on results. *Gedragstherapie*, 44, 341-344.

2009

- **Van Emmerik, A.**, Raes, F., Engelhard, I., Kelling, A., Nauta, M., Scholing, A., & Voncken, M. (2009). Van slechte stellingen naar goede vragen: een reflectie op het Najaarscongresdebat over de grenzen van de gedragstherapie. *Gedragstherapie*, 42, 229-236.

2008

- **Van Emmerik, A.** (2008). Recensie van M. Trappenburg (2008), *Genoeg is genoeg. Over gezondheidszorg en democratie. Gedragstherapie, 41*, 363-366.
- Van der Oord, S., Lucassen, S., **Van Emmerik, A.**, & Emmelkamp, P. (2008). Cognitief gedragstherapeutische schrijftherapie bij kinderen met een posttraumatische stress-stoornis. *Kind en Adolescent Praktijk, 4*, 168-174.

2007

- **Van Emmerik, A.A.P.**, Schoorl, M., Emmelkamp, P.M.G., & Kamphuis, J.H. (2007). Psychometrische kenmerken van de Nederlandstalige Posttraumatische Cognities Inventarisatielijst (PTCI). *Gedragstherapie, 40*, 269-284.
- **Van Emmerik, A.**, & Berretty, E. (2007). Leven met een trauma: informatie voor de cliënt en de directe omgeving. *Psychopraxis, 9*, 160-164.
- Verkuil, B. & **Van Emmerik, A.** (2007). Omgaan met stress en burnout: informatie voor de cliënt en de directe omgeving. *Psychopraxis, 9*, 264-269.

2003

- **Van Emmerik, A.A.P.**, Kamphuis, J.H., Hulsbosch, A.M., & Emmelkamp, P.M.G. (2003). Geen preventief nut van eenmalige debriefing na psychologisch traumatische gebeurtenissen: meta-analyse. *Nederlands Tijdschrift voor Geneeskunde, 147*, 809-812.

2001

- **Van Emmerik, A.**, & Kamphuis, J.H. (2001). Stalking: achtergronden en richtlijnen voor hulpverlening. *Psychopraxis, 3*, 1, 16-23.

1999

- Sijbrandij, M., Daemers, D., & **Van Emmerik, A.** (1999). De handleiding voor het kwaliteitsjaarverslag geëvalueerd. *Tijdschrift voor Verloskundigen, 24*, 5, 356.

1997

- Van Dam-Baggen, R., Kraaimaat, F., & **Van Emmerik, A.** (1997). Sociaalvaardigheidstherapie en cognitieve therapie even effectief bij sociaal angstige psychiatrische patiënten? *Gedragstherapie, 30*, 4, 253-266.

National (Non-Peer-Reviewed) Articles**2021**

- **Van Emmerik, A.**, & Busato, V. (2021). De Duijkerlezingen: een zwanenzang? *De Psycholoog, 51*(9), 38-43.
- **Van Emmerik, A.**, & Kamphuis, J.-H. (2021). Laten we de DSM vooral zorgvuldig gebruiken. *De Psycholoog, 52*(1).

National Books and Chapters**2020**

- Prins, P., & **van Emmerik, A.** (2022). *De ideale wereld van B.F. Skinner: Lessen van een gedragspsycholoog voor nu en de toekomst*. Amsterdam: LannooCampus.
- Greeven, A., & **van Emmerik, A.** (2020). *Handboek exposure*. Amsterdam: Boom.
- Greeven, A., & **van Emmerik, A.** (2020). *Historische achtergrond*. In: A. Greeven & A. van Emmerik (Eds.), *Handboek exposure*. Amsterdam: Boom.
- Greeven, A., & **van Emmerik, A.** (2020). *Effectiviteit, non-respons en terugval*. In: A. Greeven & A. van Emmerik (Eds.), *Handboek exposure*. Amsterdam: Boom.
- Greeven, A., **van Emmerik, A.**, & Rijkeboer, M. (2020). *Werkingsmechanismen*. In: A. Greeven & A. van Emmerik (Eds.), *Handboek exposure*. Amsterdam: Boom.
- Greeven, A., & **van Emmerik, A.** (2020). *Exposure en therapist drift*. In: A. Greeven & A. van Emmerik (Eds.), *Handboek exposure*. Amsterdam: Boom.
- **Van Emmerik, A.**, & Greeven, A. (2020). *Schrijftherapie*. In: A. Greeven & A. van Emmerik (Eds.), *Handboek exposure*. Amsterdam: Boom.
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2005

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2004

- **Van Emmerik, A.A.P.**, Kamphuis, J.H., & Emmelkamp, P.M.G. (2004). Protocollaire behandeling van patiënten met een acute stress-stoornis: Kortdurende cognitieve gedragstherapie. In: Keijsers, G.P.J., Van Minnen, A., & Hoogduin, C.A.L. (red.), *Protocollaire behandelingen in de ambulante geestelijke gezondheidszorg*. Houten: Bohn Stafleu Van Loghum.
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1990

- Kamphuis, J.H., & **Van Emmerik, A.A.P.** (1990). Indicatiestelling. In: Luteijn, F., Arrindell, W.A., Deelman, B.G., Kamphuis, J.H., & Vertommen, H. (red.), *Psychologische diagnostiek in de gezondheidszorg*. Utrecht: Lemma BV.

International (Invited) Lectures and Workshops**2023**

- Writing Therapy for PTSD: Invited 1-day workshop for the ELP Academy, Antwerp (Belgium).

2021

- European Association for Behavioural and Cognitive Therapies (EABCT), 51st Annual Congress: Effects of a one-day workshop on exposure interventions on therapist beliefs about exposure (open paper).

2020

- Recent developments in 'Mobile Mindfulness'. Invited online keynote at 13th International Congress of Clinical Psychology, Santiago de Compostela (Spain).

2019

- 9th World Congress of Behavioural and Cognitive Therapies (WCBCT): Symposium (Mechanisms and New Formats for Teaching Mindfulness) and paper (Mindfulness Apps as a Tool to Maintain Practice and Gains from Mindfulness-Based Stress Reduction [MBSR] Courses: A Randomized Controlled Trial), Berlin (Germany).
- Disseminating CBT for PTSD: Writing Therapy & Imagery Rescripting Therapy: 3-day workshop for the Association for Cognitive and Behavioral Psychotherapy, St Petersburg (Russia).
- Writing therapy for posttraumatic stress. Invited keynote at 12th International Congress of Clinical Psychology, Santander (Spain).

2018

- Recent developments in 'Mobile Mindfulness'. Invited keynote at 11th International Congress of Clinical Psychology, Granada (Spain).

- De 'N=1' anno 2018. Invited keynote at Annual Conference of the Flemish Association for Behavior Therapy, Duffel (Belgium).

2016

- Second International Conference on Mindfulness (ICM2): The efficacy of a mindfulness-app: a randomized controlled trial of the 'mobile mindfulness coach'.

2015

- European Association for Behavioural and Cognitive Therapy (EABCT), 45rd Annual Congress: Efficacy of a m-Health Mindfulness App: A Randomized Controlled Trial of the mobile Mindfulness Coach (open paper, accepted).
- European Association for Behavioural and Cognitive Therapy (EABCT), 45rd Annual Congress: Writing therapy for posttraumatic stress (workshop, accepted).

2014

- European Association for Behavioural and Cognitive Therapy (EABCT), 44rd Annual Congress: Traumatic events and trauma-related psychopathology in former drug soldiers in Rio de Janeiro.
- International Society for Traumatic Stress Studies (ISTSS), 30th Annual Meeting: Traumatic events and trauma-related psychopathology in former drug soldiers in Rio de Janeiro.

2013

- European Association for Behavioural and Cognitive Therapy (EABCT), 43rd Annual Congress: Visual Feedback in Written Imaginal Exposure for Posttraumatic Stress: A Preliminary Study.

2012

- European Association for Behavioural and Cognitive Therapy (EABCT), 42nd Annual Congress: Writing therapy for posttraumatic stress: A meta-analysis.

2011

- European Association for Behavioural and Cognitive Therapies (EABCT), 41st Annual Congress: Testing a DSM-5 reformulation of PTSD.
- European Association for Behavioural and Cognitive Therapies (EABCT), 41st Annual Congress: Do Five Factor Model personality traits moderate dropout and treatment efficacy in PTSD patients?

2009

- European Association for Behavioural and Cognitive Therapies (EABCT), 39st Annual Congress: Treating ASD and PTSD with Structured Writing Therapy.

2005

- Center for Crisis Psychology, Bergen (Noorwegen): Invited two-day workshop on writing assignments (with James Pennebaker).

2004

- International Society for Traumatic Stress Studies (ISTSS), 20th Annual Meeting: Preventing chronic PTSD with brief CBT and Structured Writing Therapy: a randomized controlled trial.

2003

- European Association for Behavioural and Cognitive Therapies (EABCT), 33rd Annual Congress: CBT and structured writing therapy in preventing chronic PTSD: a randomized controlled trial.

2002

- International Society for Traumatic Stress Studies (ISTSS), 18th Annual Meeting: Comparing brief CBT and writing assignments in preventing chronic PTSD.

2001

- International Society for Traumatic Stress Studies (ISTSS), 17th Annual Meeting.

1999

- European Society for Traumatic Stress Studies (ESTSS), 6th Annual Conference.

1997

- Association for Advancement of Behavior Therapy (AABT), 31th Annual Convention: The comparison of cognitive and behavioral group treatment with socially anxious psychiatric patients (Poster presentation; Van Dam-Baggen, R., Kraaimaat, F., & Van Emmerik, A.).

National (Invited) Presentations

2022

- Writing Therapy for PTS(D): Invited online workshop for the Dutch Association for Behavioural and Cognitive Therapies.

2018

- Online embodiment: the possibilities and pitfalls of online mindfulness. Invited panel discussion with Rebecca Crane, Zindel Segal, Arnold van Emmerik, and Wendy Pots at 3rd International Conference on Mindfulness, Amsterdam (the Netherlands).

2016

- Wie schrijft, die blijft: schrijftherapie bij posttraumatische stress. Parnassia, invited lecture on farewell symposium Ed Berretty, the Hague (the Netherlands).

2015

- Dutch Association for Behavioural and Cognitive Therapies, Annual Congress: The efficacy of a mindfulness-app: a randomized controlled trial of the 'mobile mindfulness coach'.

2011

- Vereniging voor Gedragstherapie en Cognitieve therapie (VGCT), Najaarscongres (voorzitter symposium: Less is more? Nieuwe ontwikkelingen in de diagnostiek en behandeling van de posttraumatische stress-stoornis; presentatie: Een empirisch onderzoek van een DSM-5 herziening van de posttraumatische stress-stoornis).
- Nederlandse Vereniging voor Psychiatrie (NVvP) (voorzitter symposium: Academisering van de Geestelijke Gezondheidszorg; presentatie: UvA PsyPoli, academisch centrum voor diagnostiek en behandeling van emotionele stoornissen).
- PsyQ Nederland (invited lecture: Testing a DSM-5 reformulation of PTSD).
- Arkin (invited workshop: Treatment of Post-Traumatic Stress Disorder with Structured Writing Therapy).

2010

- Vereniging voor Gedragstherapie en Cognitieve therapie (VGCT), Voorjaarscongres (workshop: Behandeling van de posttraumatische stress-stoornis met schrijfpodochten).

2008

- 12e Nationaal Congres Soa*Hiv*Aids (workshop: behandeling van psychische klachten bij hiv: praktijk en onderzoek).

2006

- Vereniging voor Gedragstherapie en Cognitieve therapie (VGCT), Najaarscongres (presentatie: Woordgebruik als indicator van cognitieve kwetsbaarheid voor psychopathologie).

2005

- Vereniging voor Gedragstherapie en Cognitieve therapie (VGCT), Najaarscongres (presentatie: Voorspellen van behandelresultaat bij PTSS).